

# Aposticha

Holy Friday

Tone 2 - Model Melody  
Optimal - Mastery Chant

## Sticheron 1 - Gently

Jo - seph of Arimathea took You down from the

Life of all, cold in death Bathed You with sweet and

cost - ly myrror the gilded You with finest lin

and with sor - row and ten - der love in his heart

he embraced Your most pure bod - - - y. Trembling at this