

# Hymns of Ascent – Antiphons

Resurrection – Tone 4

Psalm Chant

## First Antiphon

From my youth — many passions have fought a - gain

but pro - tect me, and say e, O Sav - ior.

All who hate Zi - put to shame by the Lord.

You shall be w - ered up like grass by the

fire. Glo - ry to the Fa - ther, and to the Son and to the