

# Hymns of Ascent

Sunday Matins – Tone 7

## Antiphon 1– Choir A

Jaam Chant  
Set by Anne Schoepp

You turned back the captivity of Sion from er - - -

\*

make me to live, O Savior, ing me from the slavery of the

*no ritard*

pas - - -

## Choir B

sows tribulations in the south with tears of fast - - - ing,

\*

*no ritard*

will reap with joy, sheaves of nourishment giving life for ev - - - er.